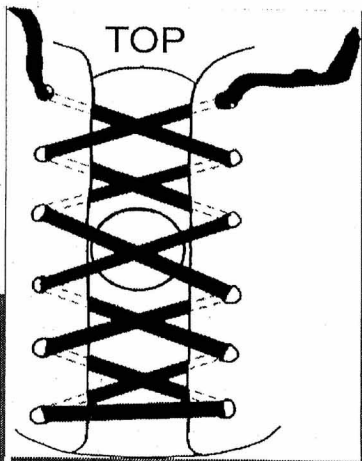
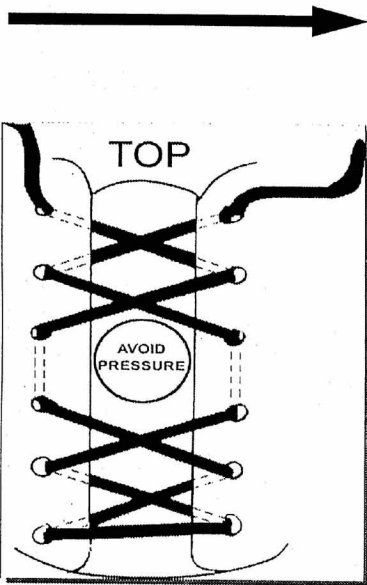


Shoe Lacing Patterns

This pattern of lacing is for maximum support of the foot while elevating the laces to give relief of pressure on the dorsum of the arch at the O Navicular bone.



This pattern of lacing provides maximum relief of pressure for the high arch contour. Note that to maximize the section of relief and maintain support, the lacing adjacent to the skip-lacing uses the lace hole flaps to elevate the laces, reducing their pressure at their last point of contact.



Chiro-Plus Kinesiology

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